

**EVER ACTIVE SCHOOLS**

**SHAPING *the* FUTURE**

**2025**

**January 30 - February 1, 2025**

**Fairmont Chateau Lake Louise, AB | Treaty 7**

**Agenda**



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# Event Agenda

Shaping the Future 2025

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## Wed, Jan 29, 2025

**8:30 AM - 4:30 PM**      **Research Roundtable**  
Location: Victoria Ballroom

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## Thu, Jan 30, 2025

**8:00 AM - 5:40 PM**      **Registration/Information Table**

**8:30 AM - 11:30 AM**      **National Forum on Wellness In Post-Secondary Education**  
Location: Pipestone

**8:30 AM - 11:30 AM**      **Become an Outdoor Explorer in Your School - Pre-Conference Session**  
Location: Indoor/Outdoor

**12:30 PM - 1:10 PM**      **Conference Opening/Elder Prayer**  
Location: Mount Temple Ballroom

**1:10 PM - 2:00 PM**      **Building a Future-Ready School Community: Lessons From Student Voices**  
Location: Mount Temple Ballroom  
Speaker: Dr. Sunaina Sharma

**2:00 PM - 2:30 PM**      **Break and Snack**

**2:30 PM - 3:20 PM**      **Aunties in Training: Indigneous female mentorship through land-based STEM**  
Location: Mt. Temple A  
Speakers: Jonathan Mauro, Pamela Neumann

**2:30 PM - 3:20 PM**      **Finding Wellness in the Work**  
Location: Mt. Temple B  
Speakers: Kathleen Lane, Klaas Hoestra, Corey Steeves

**2:30 PM - 3:20 PM**      **Using the Eight Senses to Foster Student Success K-6**  
Location: Mt. Temple C  
Speaker: Janice Hagan

**2:30 PM - 3:20 PM**      **Get Active Together! Adaptive Physical Activity for Children with Disability(s)**  
Location: Victoria Ballroom  
Speakers: Carrie Millar, Dr. Jennifer Leo

**2:30 PM - 3:20 PM**      **Move Over Cigarettes: Vapes and Nicotine Pouches are Hooking Our Youth**  
Location: Beehive/Lakshore  
Speaker: Tammy Crozier

**2:30 PM - 3:20 PM**      **Building Bridge for Comprehensive School Health**  
Location: P6/Saddleback  
Speakers: Gillian Bowerman, Cheryl Shinkaruk

**2:30 PM - 3:20 PM**      **Learning About the Local Landscape Through Snowshoeing and Play**  
Location: Outdoors Meeting Point  
Speaker: Leith Monaghan

**3:20 PM - 3:35 PM**      **Break**

3:35 PM - 4:25 PM	<p><b>Future-Ready Education: Leveraging AI to Enhance Student Learning</b>  Location: Mt. Temple A  Speaker: Dr. Sunaina Sharma</p>
3:35 PM - 4:25 PM	<p><b>Growing up Creative: Creativity as a Hidden Potential in Children and Youth Living with Learning Disabilities</b>  Location: Mt. Temple B  Speaker: Dr. John McNamara</p>
3:35 PM - 4:25 PM	<p><b>Let's Talk Body Image</b>  Location: Mt. Temple C  Speakers: Cassandra Anastácio, Monica Arnold</p>
3:35 PM - 4:25 PM	<p><b>Spotlight on School Health: Success Stories from Our Implementation Schools</b>  Location: Victoria Ballroom  Speaker: Tracy Lockwood</p>
3:35 PM - 4:25 PM	<p><b>Role of Community-based Organizations in Indigenous Education</b>  Location: Pipestone  Speaker: Madison Properzi</p>
3:35 PM - 4:25 PM	<p><b>Beyond the Grade - Assessment Strategies for PE Teachers</b>  Location: Beehive/Lakshore  Speaker: Jenelle E. Monty</p>
3:35 PM - 4:25 PM	<p><b>ACTIVELY Taking the New Science Curriculum OUTDOORS</b>  Location: Outdoors Meeting Point  Speaker: Andrea Barnes</p>
4:25 PM - 4:40 PM	<p><b>Break</b></p>
4:40 PM - 5:30 PM	<p><b>Stories are a path to belonging: The use of literature to foster belonging and empathy in the classroom.</b>  Location: Mt. Temple A  Speaker: Aaron Stout</p>
4:40 PM - 5:30 PM	<p><b>Healthy Staff Healthy Schools - Creating System Change to Support Wellness</b>  Location: Mt. Temple C  Speakers: Megan Zazelenchuk, Deanna Miller, Woody Bradford, Michael Morgan</p>
4:40 PM - 5:30 PM	<p><b>Exploring Inuit Games: Tradition, Skills, and Community</b>  Location: Victoria Ballroom  Speaker: Goota Desmarais</p>
4:40 PM - 5:30 PM	<p><b>Teaching Hopefully</b>  Location: Pipestone  Speakers: Amy Badger, Dr. Denise Larsen</p>
4:40 PM - 5:30 PM	<p><b>Physical Activity for Everybody: Inclusive Approaches in Comprehensive School Health</b>  Location: Beehive/Lakshore  Speakers: Dr. Lisa M. Taylor, Elizabeth Tingle, Dr. Shelly Russel-Mayhew</p>
4:40 PM - 5:30 PM	<p><b>Building Stronger Communities: The Strategic Use of Storytelling to Enhance Healthy Eating &amp; Active Living</b>  Location: P6/Saddleback  Speakers: Matt Leung, Kayla MacIntosh</p>
7:00 PM - 9:30 PM	<p><b>Exhibitor MarketPLAYce</b></p>

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**Fri, Jan 31, 2025**

<b>7:40 AM - 8:30 AM</b>	<p><b>Morning Wellness Activities</b></p> <p><b>Tuck, Tighten and Tone</b> 7:40 AM - 8:30 AM Location: Victoria Ballroom Speaker: Erynn Biggar</p> <p><b>Morning Wellness - Smudge</b> 7:40 AM - 8:30 AM Location: Lefroy Room</p> <p><b>Morning Wellness - Low Intensity</b> 7:40 AM - 8:30 AM Location: Sunroom</p> <p><b>Nature Walk</b> 7:40 AM - 8:30 AM Location: Outdoors Meeting Point Speaker: Jenn Mireau</p>
<b>8:15 AM - 3:00 PM</b>	<b>Conference Information Table</b>
<b>8:15 AM - 9:15 AM</b>	<b>Breakfast</b>
<b>9:15 AM - 10:45 AM</b>	<p><b>Wellness Education through Arts, Culture, and Stories</b> Location: Mt. Temple B Speakers: Andrea True Joy Fox, Shaneen Fox</p>
<b>9:15 AM - 10:45 AM</b>	<p><b>Beyond the Screen: Cultivating Digital Well-Being in a Screen Saturated Environment.</b> Location: Mt. Temple C Speakers: Sydnie Erlendson, Cason Machacek</p>
<b>9:15 AM - 10:45 AM</b>	<p><b>Physical Activity and Numeracy; and Delighting in Developing Physical Literacy Through Large Ball Games</b> Location: Victoria Ballroom Speakers: John Byl, Catherine Byl</p>
<b>9:15 AM - 10:45 AM</b>	<p><b>Mentorship Matters: The role of mentorship in supporting wellness during career transitions for educators at every level</b> Location: Pipestone Speakers: Kerri Murray, Louise McClelland</p>
<b>9:15 AM - 10:45 AM</b>	<p><b>Equity Oriented Teaching Practices: Actionable strategies to foster welcoming and inclusive environments for all students</b> Location: Beehive/Lakshore Speakers: Katie Mahon, Kai Williamson, Katelynn Theal</p>
<b>9:15 AM - 10:45 AM</b>	<p><b>Equitable Climate Justice in the Classroom</b> Location: P6/Saddleback Speaker: Amy Thompson</p>
<b>9:15 AM - 10:45 AM</b>	<p><b>Just Snowing Off!</b> Location: Outdoors Meeting Point Speaker: Court Rustemeyer</p>
<b>10:45 AM - 11:05 AM</b>	<b>Break</b>
<b>11:05 AM - 11:45 AM</b>	<p><b>EAS Youth Advisory Council Keynote: Inspiring School and Community Leaders to Shape the Future for All Students</b> Location: Mount Temple Ballroom Speakers: Kieran Good, Yusra Asrar</p>
<b>11:45 AM - 1:00 PM</b>	<b>Lunch</b>
<b>11:45 AM - 2:30 PM</b>	<p><b>Supporting Indigenous Health and Wellness: Experiencing the Change Health Community Program</b> Location: Victoria Ballroom Speakers: Amanda Radil, Doug Klein, Charice Chan, Loretta Tuttau</p>

- 1:00 PM - 2:30 PM**      **So You Teach Junior High? What you need to know about adolescent neuro-development.**  
Location: Mt. Temple C  
Speakers: Tonita Craig, MEd, Chelsea Wilson, MEd
- 1:00 PM - 2:30 PM**      **Connecting with Self Through Tipi Designs.**  
Location: Pipestone  
Speaker: Dr. Teena Starlight
- 1:00 PM - 2:30 PM**      **Centering Quality and Meaningful Health Education in Schools**  
Location: Beehive/Lakshore  
Speakers: Dr. Lauren Sulz, Dr. Hayley Morrison
- 1:00 PM - 2:30 PM**      **First Nations games and Environmental Connections to the land, animals and culture.**  
Location: Outdoors Meeting Point  
Speaker: Jim Lovell
- 1:00 PM - 2:30 PM**      **Connecting With the LAND During Your Outdoor Experiences**  
Location: Outdoors Meeting Point  
Speaker: Andrea Barnes
- 2:30 PM - 6:30 PM**      **Wellness Break**
- 2:45 PM - 3:35 PM**      **Using Rhythmic to Regulate: Movement as a Foundation for Learning**  
Location: Mt. Temple B  
Speaker: Janna Tait
- 2:45 PM - 3:35 PM**      **Indigenous Connections in Physical Education and Wellness:3 Strategies to Get Started**  
Location: Mt. Temple C  
Speakers: Jenelle E. Monty, Eve Grimm
- 2:45 PM - 3:35 PM**      **"It Gave Us Permission To Do This Work": Educational Staff's Experiences Championing Well-Being in Schools using a Framework**  
Location: Pipestone  
Speakers: Dr. Kheana Barbeau, Elizabeth Tingle
- 2:45 PM - 3:35 PM**      **"Giving the Gift to Each Other": Indigenized Forum Theatre for Mental Wellness**  
Location: Beehive/Lakshore  
Speakers: Dr. Cindy Jardine, Shaun Anderson, Casadaya Marty
- 2:45 PM - 3:35 PM**      **Infusing Wellness into your School's Athletics Program**  
Location: P6/Saddleback  
Speaker: Nathan White
- 2:45 PM - 3:35 PM**      **Leadership Lessons from the Backcountry**  
Location: Outdoors Meeting Point  
Speaker: Kathleen Lane
- 2:45 PM - 3:35 PM**      **Puzzle Hunt Challenge: Unravel the Mystery!**  
Location: Indoor/Outdoor  
Speakers: Brett Barron, Jacqueline Koval
- 6:30 PM - 8:30 PM**      **Dinner Reception**  
Location: Mount Temple Ballroom
- 8:30 PM - 10:30 PM**      **Dance and Social**  
Location: Mount Temple Ballroom
- 8:45 PM - 11:55 PM**      **EAS After Hours**

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**Sat, Feb 01, 2025**

8:10 AM - 9:00 AM

**Morning Wellness Activities**

**Morning Wellness - Lake Skate**

8:10 AM - 9:00 AM  
Location: Meet at the Lake  
Speaker: Kaitlyn Mitchell

**Morning Wellness - Smudge**

8:10 AM - 9:00 AM  
Location: Lefroy Room

**Morning Wellness - Yoga and Meditation**

8:10 AM - 9:00 AM  
Location: Sunroom  
Speaker: Kai Williamson

**Morning Wellness - Winter Run**

8:10 AM - 9:00 AM  
Location: Outdoors Meeting Point  
Speaker: Leith Monaghan

8:30 AM - 1:30 PM

**Conference Information Table**

8:30 AM - 9:30 AM

**Breakfast & Hotel Check-Out**

9:30 AM - 10:30 AM

**Disrupt and Dismantle Social Inequities and Systemic Racism in and Through Education to Dream and Design a World That is Healthier**

Location: Mount Temple Ballroom  
Speaker: Dr. Jerome Cranston

10:30 AM - 10:45 AM

**Break**

10:45 AM - 11:35 AM

**“You see us, but you stare at us”: Reflecting on ableism in physical activity**

Location: Mt. Temple A  
Speakers: Dr. Jennifer Leo, Carrie Millar

10:45 AM - 11:35 AM

**Leveraging AI for Educational and Mental Health Equity**

Location: Mt. Temple B  
Speakers: Tim Kitchen, Ryan Bliss

10:45 AM - 11:35 AM

**First Nation Health Consortium Sports and recreation pilot project**

Location: Mt. Temple C  
Speaker: Manny Yellowfly

10:45 AM - 11:35 AM

**Jays Care Affiliate School Program and How to Implement Programming**

Location: Victoria Ballroom  
Speaker: Emily Kinkade-Speight

10:45 AM - 11:35 AM

**Staff Wellness - Beyond the Newsletter**

Location: Pipestone  
Speaker: Pam Verhoeff

10:45 AM - 11:35 AM

**Assessing Sexual Health Education Content Across Ages/Grades: Benchmarks for Comprehensive Sexual Health Education in Canada**

Location: Beehive/Lakshore  
Speaker: Jessica Wood

10:45 AM - 11:35 AM

**HEARTcare Walk and Learn**

Location: Outdoors Meeting Point  
Speaker: Dr. Astrid Kendrick

11:35 AM - 11:50 AM

**Break**

11:50 AM - 12:40 PM

**Helping Teens Feel Happier**

Location: Mt. Temple A  
Speakers: Mercedes Korngut, Anastasia Korngut

11:50 AM - 12:40 PM

**How Can Teachers Learn Anti-Racist Education Through Arts-Based Inquiry To Disrupt Racism In The Classroom**

Location: Mt. Temple C  
Speaker: Dr. Jordan Raymond

**11:50 AM - 12:40 PM**

**K-3 Explorer Backpack - Create Your Own Adventure**

Location: Victoria Ballroom  
Speaker: Court Rustemeyer

**11:50 AM - 12:40 PM**

**How to Support Boys' Mental Health**

Location: Pipestone  
Speaker: Jonathon Reed

**11:50 AM - 12:40 PM**

**Competitive vs Leisure: How we integrate Student Choice into your PE Program**

Location: P6/Saddleback  
Speakers: Stacey McNichol, Emily Bentley

**11:50 AM - 12:40 PM**

**Community Walks 101: Explore More in 2025!**

Location: Outdoors Meeting Point  
Speaker: Jenn Doeve

**12:40 PM - 1:40 PM**

**Lunch, Elder Blessing and Closing Celebration/Draw Prizes**

Location: Mount Temple Ballroom