

# STILL I RISE 2021 - CURRICULUM CONNECTIONS

NOVEMBER 24, 2021

**SAVE the DATE**

## STILL I RISE: EMPOWER & INSPIRE

When: November 24, 2021  
Where: Virtual

EVERACTIVE.ORG/EVENTS

This document is intended to support teachers in connecting and assessing learning outcomes that are addressed through Still I Rise 2021 event sessions.

If you are looking to support high school students in earning 1 CTS credit for their participation, reach out for support from the Ever Active Schools team! Contact [andrea@everactive.org](mailto:andrea@everactive.org), [cassie@everactive.org](mailto:cassie@everactive.org), [melissa@everactive.org](mailto:melissa@everactive.org) or [jamie@everactive.org](mailto:jamie@everactive.org)!

## **CONNECTIONS TO EXISTING CORE COURSE OUTCOMES**

*Many of these outcomes will be addressed through participation in conference sessions, or participation in teacher-led post-conference reflection and assessment activities. PE Outcomes will be addressed through participation in sessions and wellness break activities.*

### **GRADE 7-9**

#### **English Language Arts 7, 8, 8 K&E, 9, 9 K&E**

General Outcome 1: Students will listen, speak, read, write, view and represent to explore thoughts, ideas, feelings and experiences.

##### 1.2 Clarify & Extend

###### 1.2.1 Consider the ideas of others

General Outcome 5: Students will listen, speak, read, write, view and represent to respect, support and collaborate with others.

##### 5.1 Respect others and strengthen community

###### 5.1.1 Appreciate diversity (i.e. personal experiences, perspectives, and reactions)

###### 5.1.2 Use language to show respect

##### 5.1 Work within a group

###### 5.1.1 Cooperate with others

###### 5.1.2 Work in groups

#### **Social Studies 7, 8, 8 K&E, 9, 9 K&E**

##### Skills and Processes

S.6 develop age-appropriate behaviour for social involvement as responsible citizens contributing to their community:

- support and participate in activities and projects that promote the well-being and meet the particular needs of their community

#### **Health 7, 8, 9**

Wellness Choices: Students will make responsible and informed choices to maintain health and promote safety for self and others

W-7.11, 8.11, 9.11 Personal resiliency skills

Relationship Choices: Students will develop effective interpersonal skills that demonstrate responsibility, respect and caring in order to establish and maintain healthy interactions.

R-7.5, 8.5, 9.5 Healthy relationships and strategies

## **Physical Education 7, 8, 9**

General Outcome B: Well-being

B7–8, B8-8, B9-8 Physical activity for personal stress management and relaxation

General Outcome C: Cooperation

C7-2, C8-2, C9-2 Positive active living role models

General Outcome D: Do it Daily

D7-1, D8-1, D9-1 Participate regularly in, and identify the benefits of, an active lifestyle

## **GRADE 10-12**

### **English Language Arts 10-1, 10-2, 10-4 20-1, 20-2, 20-4, 30-1, 30-2, 30-4**

General Outcome 1: Students will listen, speak, read, write, view and represent to explore thoughts, ideas, feelings and experiences.

1.2 Extend awareness

1.2.1 Consider new perspectives

General Outcome 5: Students will listen, speak, read, write, view and represent to respect, support and collaborate with others.

5.1 Respect others and strengthen community

5.1.1 Use language and image to show respect and consideration

5.1.2 Appreciate diversity of expression, opinion and perspective

### **Social Studies 10-1, 10-2, 10-4, 20-1, 20-2, 20-4, 30-1, 30-2**

Skills & Processes

S.6 develop age-appropriate behaviour for social involvement as responsible citizens contributing to their community:

- demonstrate leadership by engaging in actions that enhance personal and community well-being

### **Career and Life Management 20**

General Outcome 1: Personal Choices

P1. analyze the dimensions of health and their interrelatedness, the impact of the determinants of health, and the dynamic nature of balance in life

P6. determine practices and behaviours that contribute to optimal physical well-being

P7. analyze a variety of strategies to achieve and enhance emotional and spiritual well-being

P8. develop and assess strategies for anticipating, identifying, managing and embracing change

P14. evaluate resources and support systems for each dimension of health and well-being for self and others

## **Physical Education 10**

### General Outcome B: Well-being

10–6 clarify the positive benefits that occur as a result of participation in physical activity

### General Outcome C: Communication

C10–1 communicate thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity

C10–2 discuss issues related to positive athletic/active living role models

### General Outcome D: Effort

D10–1 demonstrate a commitment to an active lifestyle through participation in and out of class

## **Physical Education 20**

### General Outcome B: Well-being

B20–6 analyze the positive benefits gained from physical activity

### General Outcome C: Communication

C20–1 communicate thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity

C20–2 demonstrate an understanding of behaviour appropriate to positive active living role modelling

### General Outcome D: Effort

D20–1 model an active lifestyle

## **Physical Education 30**

### General Outcome B: Well-being

B30–6 predict the positive benefits gained from physical activity

### General Outcome C: Communication

C30–1 communicate thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity

C30–2 discuss issues related to active living

### General Outcome D: Effort

D30–1 model an active lifestyle