

NATIONAL FORUM ON WELLNESS IN POST-SECONDARY EDUCATION 2021: RECAP

LIVE JANUARY 27-29, 2021 AND ACCESSIBLE THRU APRIL 15, 2021

HOSTED BY UNIVERSITY OF CALGARY, WERKLUND SCHOOL OF EDUCATION & EVER ACTIVE SCHOOLS

This year's conference took place as part of Shaping the Future, in a virtual format. Using an event app called Whova, the Zoom platform and Youtube to share content, allow for networking and sharing information with the delegates.

The Delegates:

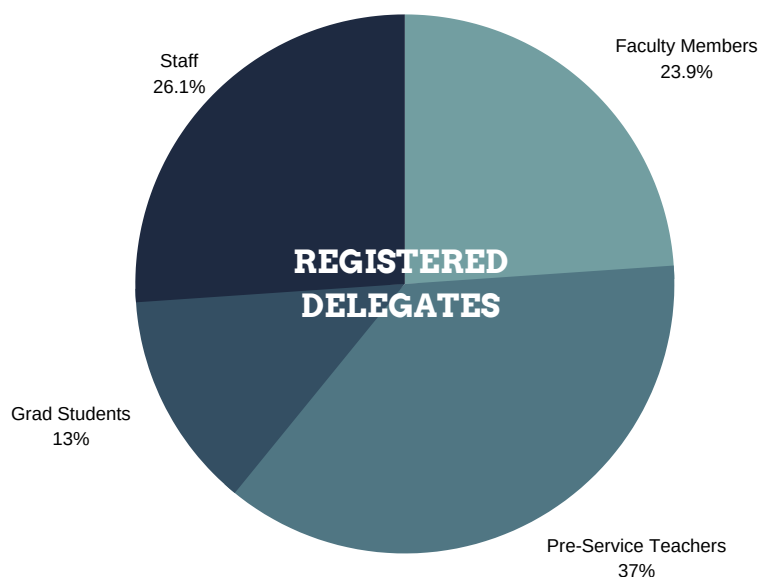
46 registered delegates from three provinces across Canada including 19 teacher candidates gathered virtually to participate in live workshops and view pre-recorded sessions. A total of 9 universities were represented.



Universities

- University of British Columbia
- Concordia University of Edmonton
- University of Alberta
- University of Lethbridge
- Mount Royal University
- Laurentian University
- University of Calgary
- McMaster University
- Medicine Hat College

102 # of video views between Jan 15 and Mar 15, 2021



The Sessions:

As part of the Shaping the Future conference, delegates had access to a live virtual keynote presentation, 23 live virtual workshops and 53 pre-recorded sessions covering a vast range of school well-being topics. Seven of these sessions were tagged for a Post-Secondary audience and presented by participants in the Teachers of Tomorrow Project:

- The Journey from Pre-Service to In-Service Teacher through a Comprehensive School Health Lens
- Teachers of Tomorrow Project - UBC Post Secondary Wellness Initiatives
- The University of Lethbridge's Faculty of Education Wellness Team: The Journey Continues
- Teachers of Tomorrow: How to Advance Well-being in BEd. Programs
- A CSH Journey at Werklund School of Education
- Podcasts as a Pathway to Professional Learning
- Mount Royal University: The Making of a Health Champions Team