

Lesson 5 of 6

Scooter Activities

EQUIPMENT

obstacle free area » one scooter for each student » 4-6 pinnies » 5-10 sponge balls » pylons or cones

Warm It Up

SCOOTER FROZEN TAG

Choose 4-6 students to be taggers and provide each with a pinnie. Taggers will start in the middle of the

activity area and try to tag all of the other students, who start scattered throughout the activity area. Should a student be tagged, they freeze and sit on their scooter with arms extended to the sides. Any other student is able to un-freeze a tagged student by traveling under their extended arm. Taggers give their pinnie to the fourth person they tag, who then takes on the role of tagger. Encourage students to travel on the scooters in a variety of ways.

ABCD's of Physical Education



RELATED RESOURCES

Ready-to-Use P.E. Activities for Grades K-2 & Grades 3-4, J. Landy & M. Landy, 1992, www.amazon.ca

Physical Education Online website, www.education.alberta.ca/physicaleducationonline



Safety First!

For safety, equipment, and supervision considerations when planning tag-type activities, see "Safety Guidelines for Physical Activity in Alberta Schools", Alberta Centre for Injury Control and Research (ACICR) 2013, www.acicr.ca.



Cooperation

Communication	C(K-3)-1
Fair Play	
Leadership	
Teamwork	

Clues that students are achieving the outcome...

"Students will develop and demonstrate respectful communication skills appropriate to context." *Physical Education Program of Studies, Alberta Learning, 2000.*

- Students can express their thoughts and feelings in a respectful manner while participating in activities
- Students can use appropriate words and actions to motivate their peers to participate



Whoop It Up

SCOOTER KEEP AWAY GAMES

Be sure to take into account the abilities of all students when planning learning opportunities and incorporating variations as needed to ensure learning and success for all. Explain that students will participate in three progressively more challenging and competitive scooter activities.

The goal for students during the class is not to win the games, but rather to be respectful towards their peers with their actions and words. At the end of each of the following activities, share your observations of how students have expressed their thoughts and feelings in an appropriate manner and invite students to share positive examples.

In the Soup » Give each group of 4 students a sponge ball and three pylons. Instruct students to make a triangle using the pylons (or bean bags if pylons are not available). Each student participates while seated on a scooter. Three students position themselves at each pylon, roll a sponge ball back and forth in an attempt to keep it away from the fourth student who is in the middle of the triangle. If the fourth student touches the ball, they switch roles with the student who touched the ball last.

Two-on-Two » In groups of 4, students make a larger rectangular play area. Two students roll the sponge ball back and forth in an attempt to keep it away from the other two students. After a few minutes of play, increase the number of students to three per team.

Target Four-on-Four » Groups of 4 students work together to not only pass a sponge ball without allowing the other team to touch it, but also to score a goal by hitting a target. Provide each group with a hula hoop, garbage can, or pylon that will be used as a goal. The goal is positioned at one end of the playing area. Groups start at one end of the playing area opposite to the goal and pass the ball while traveling the width of the playing area towards the goal. Enforce the 3-3-3 rule; each student can hold the ball for 3 seconds, take 3 'steps' (slides on the scooter), and teams must make at least 3 passes before throwing the ball towards the goal. The other team is trying to intercept the ball by keeping their hands in the air, distracting the passing team, and staying positioned between the student with the ball and the goal. Contact and grabbing the ball are not allowed.



Safety First!

For safety, equipment, and supervision considerations when planning activities with scooters, see "Safety Guidelines for Physical Activity in Alberta Schools", Alberta Centre for Injury Control and Research (ACICR) 2013, www.acicr.ca.



Cooperation

Wrap It Up

While traveling on the scooters, students pick up the equipment and return it to the side of the activity area. Invite the teams who were playing against each other to line up, shake hands and say one positive thing they enjoyed about the game to each opponent.