

# COORDINATING SYSTEMS AROUND PHYSICAL LITERACY

An RBC Innovations Project  
| SUMMARY REPORT |



2016/17

## Overview

*Coordinating Systems Around Physical Literacy* was designed to enhance the coordination of three Calgary and area RBC Learn to Play projects towards systems-wide educational approaches, while documenting and sharing the processes that are required to do so in multiple contexts.

This initiative built upon previous work piloting systems change strategies in four boards (RBC Innovations project 2015-16), extending the impacts by coordinating multiple projects and mobilizing the knowledge.

The knowledge gained from this initiative was translated into a planning tool to support systems change titled *Pathways to Physical Literacy - Choose Your Own Adventure*.

## Participants

6

Schools, across 3 jurisdictions participated in this initiative:

### Rocky View Schools

- Elizabeth Barrett Elementary
- Glenbow Elementary
- Banded Peak School

### Calgary Catholic School District

- St. Michael School
- Holy Spirit School
- Monsignor AJ Hetherington School

### Calgary Board of Education

**1,500** Approximate number of students directly impacted with project activities

## Activities & Results



4 meetings were held to advance coordination and collaboration between school boards and promote systems level changes. All 3 boards had representation from multiple stakeholders, including teachers and school jurisdiction staff.



Pathways to physical literacy were documented, revealing 5 similar but distinct processes by which schools advance physical literacy, as well as the conditions which influence their pathways.



A resource was developed to share learnings of the pathways and facilitate planning and decision-making when undertaking physical literacy work in school.

## Meetings

A total of two coordination meetings and an additional two collaboration meetings were organized. At these meetings school and district staff had the opportunity to share their successes and barriers/facilitators, discuss how they could be better supported by their districts and what system supports they needed, and map out their physical literacy journeys. These meetings were attended by teachers, administrators and district staff.

## Professional Learning

Professional learning was offered throughout the project to enhance buy in and increase knowledge and awareness. We hosted Dr. Dean Kreillars and supported project participants to attend the Live Active Summit in Edmonton.

## Documenting Pathways

School and district level pathways were documented throughout the two coordination meetings.

At the first collaboration meeting schools and districts were given the opportunity to map out their pathways and share with others. This fed directly into the development of the planning tool.

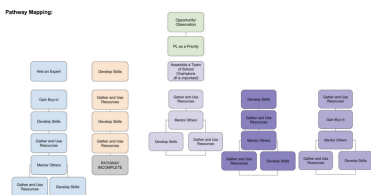


## The Planning Tool

### The Process

The tool was created through a three step process:

- 1 Pathway Transcription**  
The individual pathways from the first collaboration meeting were transcribed.
- 2 Pathway Coding**  
Steps, facilitators and barriers in each pathway were coded using common language.
- 3 Pathway Mapping**  
The pathways were mapped into 5 possible pathways to physical literacy.



### The Tool

The tool was created using Prezi NEXT, an online presentation tool. This tool allows individuals to see the various pathways that were observed in the three Calgary area jurisdictions. They can start the pathway from the beginning or find themselves along the pathway and see potential next steps. By clicking on each step they can see a description of the step and it's significance to the pathway, as well as potential resources that may help them move forward.



The tool was showcased at the RBC Innovations Webinar and prototyped in the second collaboration meeting with representatives from the Calgary area jurisdictions.

### Key Learnings

Each pathway went through the following two cycles:

#### 1st Tier Learning

Building a team of school champions, developing their skills, gathering and using available resources, and gaining the buy-in from key school staff, administrators and/or parents.

#### 2nd Tier Learning

A sustainable process of school-wide capacity building, where more experienced members of the school community continue to develop their practice through mentoring others, through gathering and use of resources and developing skills.

Try the tool at [everactive.org/pathways-to-physical-literacy/](http://everactive.org/pathways-to-physical-literacy/)



RBC  
Learn to Play  
Project



We greatly acknowledge the many dedicated teachers, staff and administrators who participated in this project.

Thank you to RBC who sponsored the work through their Innovations grant.

Ever Active Schools  
Account QuickReport  
July 2016 through June 2017

Financial Report

	Type	Date	Num	Name	Memo	Split	Amount	RBC Grant Category	
<b>6000 - Project Expenses</b>									
<b>6180 - RBC Innovation</b>									
	Bill	16-11-28	inv. 331	Sport for Life Society	Dean Kriellaars presentation	2000 - Accounts Payable	500.00	Professional Learning and Collaboration	
	Bill	17-03-28	23805	Calgary Catholic School Dist.	Live Active Summitt - travel support & registration 8 leac	2000 - Accounts Payable	1,000.00	Professional Learning and Collaboration	
	Bill	17-05-27	April 11-May 10	RBC Visa	IPLC	2000 - Accounts Payable	1,302.10	Professional Learning and Collaboration	
	Bill	17-06-14	May 30	Calgary Separate School District	Green Bean Catering	2000 - Accounts Payable	264.81	Meetings and Consultations	
	Bill	17-06-14	May 30	Calgary Separate School District	Costa Vida Southland	2000 - Accounts Payable	668.73	Meetings and Consultations	
	General Journal	17-06-28	1039		staff time for meeting and coordination	5030 - Director of Projects - Kerri	3,000.00	Meetings and Consultations	
	Bill	17-06-28	May expenses	Kerri Murray	meeting & supplies	2000 - Accounts Payable	66.97	Resource Development and Dissemination	
	General Journal	17-06-28	1041		IPLC travel Brian & Chris	5019 - Partner Conferences	1,000.00	Knowledge Transfer	
	Bill	17-06-30	17628	Patrick Airlee School.	sub costs Nadeen Halls	2000 - Accounts Payable	237.03	Resource Development and Dissemination	
	General Journal	17-09-20	1060		balance from 2016/17 put to PLO	4025 - PD Inservices	1,960.36	Professional Learning and Collaboration	
	Total 6180 - RBC Innovation							<u>10,000.00</u>	
	Total 6000 - Project Expenses							<u>10,000.00</u>	
<b>TOTAL</b>								<u><u>10,000.00</u></u>	

Summary

RBC Grant Categories	Total Budget Allocated	Actual Spent
Meetings and Consultation	\$3,000.00	\$3,933.54
Resource Development and Dissemination	\$2,500.00	\$304.00
Professional Learning and Collaboration	\$3,500.00	\$4,762.46
Knowledge Transfer	\$1,000.00	\$1,000.00
<b>Total</b>	<b>\$10,000.00</b>	<b>\$10,000.00</b>