

NCTCA 2019 HEALTH & PHYS ED INSTITUTE

EVER ACTIVE SCHOOLS & THE HEALTH & PHYSICAL EDUCATION COUNCIL



EVERACTIVE.ORG/EAS-AT-TEACHERS-CONVENTIONS



The Health & Physical Education Council is one of the ATA's largest specialist councils, with regional representatives supporting teachers across the province. HPEC and Ever Active Schools joining local and provincial partners to host the full-day 2019 NCTCA Health and Physical Education Institute at the Saville Sports Centre on Thursday, February 7th, 2019.

Time	Gym A	Gym B (half)	Gym B (half)	Gym C	Gym D	Classroom
9:00 - 10:00am	Help Them Love PE Div 3 & 4 Erik Larson HPEC	Physical Literacy Enriched Physical Education Div 1 & 2 Ever Active Schools	The 10 Minute Warm-Up Be Fit for Life/Sport Injury Prevention Research Centre	Warm Up Games Galore... Emphasizing Physical Literacy <i>Come play and learn the kinesthetic way!</i>	Traditional Games: Arctic Sports and Dene Games	Tools for a Calm Classroom Alberta Health Services
10:15 - 11:15am	Help Them Love PE Div 1 & 2 Erik Larson HPEC	Physical Literacy Enriched Physical Education Div 3 & 4 Ever Active Schools	The 10 Minute Warm-Up Be Fit for Life/Sport Injury Prevention Research Centre	Tim Stewart	Michelle Deering Zachary Hodge Darrel Laboucan	Up your Game with Nutrition: Fueling for Sport Alberta Health Services
12:15 - 1:15pm	Awesome Assessment in Phys Ed Erik Larson HPEC	Let's Focus on Fun and take a PLAYful Approach to Physical Education! Jodi Harding-Kuriger Tracy Lockwood				So You Have To Teach Health... Ever Active Schools
1:30 - 2:30pm	Big Games for Big Classes Michael Hargas HPEC	Super Heroes of Physical Literacy Dance Party! Jodi Harding-Kuriger Tracy Lockwood				TIME OUT Fun in a Bag Fitness Exercises (meets the DPA requirements) Susan Agrios