



Supporting Healthy School
Communities in Alberta

Media Advisory

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November 15, 2017

Resiliency Summit Helps Promote Healthy Indigenous School Communities

Next week close to 500 participants from 35 Alberta and British Columbia schools will gather on Stoney Nakoda land for the 3rd annual [Resiliency Summit](#). During this event, students, teachers and health professionals will explore how Indigenous teachings and knowledge can help foster resilience and support healthy school communities.

Hosted by Ever Active Schools, the event is an opportunity for Indigenous youth, as well as educators and health professionals, to connect and celebrate Indigenous arts, culture and communities. Participants will leave with the practical knowledge and tools they need to support and enhance wellness and the resilience of Indigenous youth in their school communities.

What you'll see during the Resiliency Summit:

- Students engaged in outdoor traditional games, participating in sharing circles, Elder reflections, active sessions, a blanket exercise and more
- Indigenous youth speaking about the impact of mentorship in their lived experience
- Strengths-based approaches to supporting Indigenous health in Treaty 6, 7 and 8 (Alberta and British Columbia) school communities

Media are invited to attend during the following times:

Thursday, November 23, 2017, 9 a.m. - 4 p.m.

and

Friday, November 24, 2017, 9 a.m. - 1:30 p.m.

Location: Olympic Ballroom, Delta Lodge Kananaskis Conference Centre, 1 Centennial Drive, Kananaskis Village, AB T0L 2H0

For media inquiries or to book an interview, contact:

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[Ever Active Schools](#) is a provincial initiative that promotes and supports healthy, active school communities. Funding is provided by the Government of Alberta through the ministries of Culture and Tourism, Education and Health.